



INTERNATIONAL COOKERY

This program introduces food enthusiasts to the culinary field with a 360-degree overview of the modern kitchen, from basic to classical cooking techniques in international gastronomy.

With a pure-practical approach, incorporating African, European, and Continental cuisine, the program is set to ignite and fuel those hungry to horn skills in the kitchen.

ENTRY REQUIREMENTS

- a. 16 years of age and above
- b. No prior culinary experience required
- c. No minimum academic requirements applicable
- d. English proficiency

Duration: 40 Hours

Starting Dates:

WEEKDAY PROGRAM (Monday - Friday)

7th to 18th August 2023

SATURDAY ONLY PROGRAM

7th October to 9th December 2023

Time: 9:00 am - 1:00 pm **Cost:** Ksh 50.000.00

Application Fee: Ksh 1,000.00

Fees are Inclusive of:

- BIHC-branded apron
- All training equipment and materials
- Certificate of Achievement

COURSE REQUIREMENT

- a. Dorn a white T-shirt and black trousers
- b. Wear comfortable shoes with a rubber sole
- c. Bring a notebook and a pen

PASTRY & BAKERY

From sweets to chocolate creations or sweet and savory doughy products, pastries, and cake art, we satisfy your inhibitions for everything pastry.

Developed for enthusiasts, home bakers, and emerging entrepreneurs, we offer an opportunity to build hands-on practical skills based on traditional French pastry techniques.

ENTRY REQUIREMENTS

- a. 16 years of age and above
- b. No prior culinary experience required
- c. No minimum academic requirements applicable
- d. English proficiency

Duration: 40 Hours

Starting Dates:

WEEKDAY PROGRAM (Monday - Friday)

7th to 18th August 2023

SATURDAY ONLY PROGRAM

7th October to 9th December 2023

Time: 2:00 pm - 6:00 pm **Cost:** Ksh 50,000.00

Application Fee: Ksh 1,000.00

Fees are Inclusive of:

- BIHC-branded apron
- All training equipment and materials
- Certificate of Achievement

COURSE REQUIREMENT

- a. Dorn a white T-shirt and black trousers
- b. Wear comfortable shoes with a rubber sole
- c. Bring a notebook and a pen





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