

BIHC SHORT COURSES

INTERNATIONAL COOKERY

COURSE DESCRIPTION:

This course introduces the learner to the culinary field where they will be able to apply the basic cooking methods used in various classical and modern cuisines.

OBJECTIVES: At the end of the program the participants will be able to: know, understand, handle, prepare;

- a) The kitchen environment; use kitchen tools and Equipment
- b) Basic stocks and sauces; soups and farinaceous dishes
- c) Cold and hot appetizers and snacks
- d) Fish, seafood, poultry, meat items
- e) Basic desserts and Sweets

WEEKDAYS PROGRAM

DURATION: 40 Hours (Mon-Fri)

Starting Date: Mon, 11th December 2017 to Fri 22nd December 2017 (9:00 am to 1:00 pm)

SATURDAYS PROGRAM

DURATION: 40 Hours

Starting Date: Sat. 20th January 2018 to Sat. 24th March 2018 (9:00 am to 1:00 pm)

COST: Ksh 40,000.00 (incl. materials and Certificate of Achievement)

REQUIREMENTS

- 1) Chef's uniform
 - White chef's jacket
 - White apron
 - Black trouser
 - Chef's hat/ Hair net
- 2) Torchon (kitchen towel)
- 3) National Identification card/passport

NB: Payments must be made in FULL or in TWO INSTALLMENTS before the end of the course.

BIHC SHORT COURSES

PASTRY & BAKERY

COURSE DESCRIPTION:

This course introduces the learner to pastry and bakery production. The lessons will be a fusion of practical demonstrations and individual participation. Recipes will be provided at the beginning of every lesson.

OBJECTIVES:

At the end of the program the participants will be able to: know, understand, handle, prepare;

- a) Prepare different types of bread
- b) Prepare a variety of pastries, cakes, tortes, flans
- c) Pizza
- d) Snacks for cocktail parties and aperos.

DURATION: 40 Hours

SATURDAYS PROGRAM

DURATION: 40 Hours

Starting Date: Sat. 20th January 2018 to Sat. 24th March 2018 (14:00 pm to 18:00 pm)

COST: Ksh 40,000.00 (incl. materials and Certificate of Achievement)

REQUIREMENTS

- 1) Chef's uniform
 - White chef's jacket
 - White apron
 - Black trouser
 - Chef's hat/ Hair net
- 2) Torchon (kitchen towel)
- 3) National Identification card/passport

NB: Payments must be made in FULL or in TWO INSTALLMENTS before the end of the course.